

GOOD HEALTH AND WELL-BEING

SDG 3 CONSOLIDATED REPORT

THE Impact Rankings 2027 | Reporting Year 2026

Health Graduates, Partnerships, Outreach and Campus Health Services

1,048	244	23.28%
Graduates (THE 2027 portal)	**Graduates in health professions**	**Derived health-profession share**

SDG 3

SDG 3 OVERVIEW

Universitas YARSI approach to health education, community wellbeing and accessible health support

Executive Summary

Universitas YARSI addresses SDG 3 through a combined institutional approach spanning health-profession education, external health partnerships, community outreach, student and staff health support, and health-promoting campus policies. The current THE 2027 portal records 1,048 graduates and 244 graduates in health professions. Across Indicator 3.3, YARSI reports active local, national and global health collaborations; outreach to local and disadvantaged communities; community access to sports facilities; free sexual and reproductive health services for students; free mental-health support for students and staff; and a formal smoke-free policy framework.

The consolidated evidence shows that these activities are not isolated. PPKS is a shared institutional service underpinning reproductive-health and mental-health access, while the Faculty of Psychology provides 2026 implementation evidence through digital mental-health initiatives. Community programmes in Pasar Senen, SMPN 77 Jakarta and Glodok extend preventive and promotive health beyond the campus. The report also identifies several portal-to-evidence consistency issues requiring confirmation before final submission, particularly the cohort definition for Indicator 3.2.2, the fee-status classification for shared sports facilities, and the smoke-free policy sub-option.

THE Portal Metrics - SDG 3.2

Indicator	2027 submission	2026 portal value	Interpretation
3.2.1 Number of graduates	1,048	1,135	Total graduate count shown in the current portal capture.
3.2.2 Graduates in health professions	244	325	Portal-reported health-profession graduate count; supporting workbook requires year-cohort validation.
Derived proportion	23.28%	28.63%	244/1,048 for 2027; 325/1,135 for the prior portal cycle.

Indicator Coverage in This Consolidated Report

Indicator	Focus	Principal evidence base
3.2.1	Number of graduates	THE portal capture.
3.2.2	Number of graduates in health professions	THE portal capture + supporting graduate workbook.
3.3.1	Health-institution collaborations	UNSW Sydney/St Vincent's Hospital; Ministry of Health; PPKS partnerships; RSGM YARSI.
3.3.2	Health outreach in local communities	YARSI Empowerment Village; TB Pasar Senen; SMPN 77 fluoride; PPKS; digital mental health.
3.3.3	Shared sports facilities	YARSI SDG sports-facility page; LPF borrowing system; external-user access; 2026 Fun Walk.
3.3.4	Student sexual and reproductive health	PPKS; PIK R/M; Family Planning & Reproductive Health; 2026-2031 organisational structure.
3.3.5	Student mental-health support	PPKS; PIK R/M; 2026 digital mindfulness initiatives.
3.3.6	Smoke-free policy	Rector's Decree No. 071/INT/SK/REK/UY/II/2019; SDG pages; signage; 2026 tobacco-control promotion.
3.3.7	Staff mental-health support	PPKS free services for university community; 2026 digital mental-health promotion.

SDG 3

3.2 HEALTH-PROFESSION GRADUATES

Portal metrics and supporting graduate-data audit

3.2.1 Number of Graduates

The THE 2027 portal capture records 1,048 graduates for the current submission, compared with 1,135 in the prior 2026 portal column. The consolidated report treats 1,048 as the portal-reported figure; no additional underlying graduate list for 3.2.1 was included in the supplied evidence package.

3.2.2 Number of Graduates in Health Professions

The current THE portal records 244 graduates in health professions. The supporting workbook contains 244 records in total: 214 from the Medical Profession programme (Profesi Dokter) and 30 from the Dentistry Profession programme (Profesi Dokter Gigi). A year-level audit of the same workbook shows 162 records with 2026 graduation dates (142 Medical Profession and 20 Dentistry Profession) and 82 records with 2025 graduation dates (72 Medical Profession and 10 Dentistry Profession). The portal figure is therefore reproduced as submitted, but the reporting-year cohort definition should be confirmed before final submission.

Supporting workbook composition	Profesi Dokter	Profesi Dokter Gigi	Total
All records in workbook	214	30	244
Graduation date in 2026	142	20	162
Graduation date in 2025	72	10	82

SDG 3

3.3 COLLABORATIONS AND HEALTH SERVICES

Partnerships and community-facing health programmes

3.3.1 Collaborations with Local, National and Global Health Institutions

In 2026, Universitas YARSI documented current collaborations across local, national and global levels. Globally, the Faculty of Psychology worked with UNSW Sydney and St Vincent's Hospital Sydney to develop and adapt evidence-based digital mental-health services for Indonesia, supported by the Australia Indonesia Institute under Australia's DFAT. Nationally, YARSI maintained cooperation with the Ministry of Health, while RSGM YARSI was formally designated as the Main Teaching Hospital for the Faculty of Dentistry. Locally, PPKS works with DKI Jakarta's PPAPP Office and BKKBN, and MARS YARSI engaged Tzu Chi Hospital on sustainable health-service practices.

Portal selection	Evidence position
YES	Supported
Local collaborations	Supported
National collaborations	Supported
Global collaborations	Supported



Figure 2. 2026 Indonesia-Australia digital mental-health collaboration evidence.

Source: Universitas YARSI - Universitas Yarsi dan Australia Kembangkan Layanan Mental Digital
https://www.yarsi.ac.id/universitas-yarsi-dan-australia-kembangkan-layanan-mental-digital

3.3.2 Outreach Programmes and Projects in the Local Community

Universitas YARSI demonstrates sustained outreach to local and disadvantaged communities through preventive, promotive and accessible health programmes. The

evidence includes YARSI Empowerment Village, TB education in densely populated Pasar Senen, oral-health education and topical fluoride application at SMPN 77 Jakarta, free counselling and referral through PPKS, digital mental-health access initiatives, free health checks, and family-health outreach for women and older residents in Glodok. The supplied evidence supports selection of local communities and disadvantaged people; no explicit 2026 evidence was provided for refugee or immigrant communities.

Portal selection	Evidence position
YES	Supported
Local communities	Supported
Disadvantaged people	Supported



Figure 3. Complementary 2026 community outreach evidence involving the public.

Source: Universitas YARSI - Pusat Pelayanan Keluarga Sejahtera (PPKS) https://www.yarsi.ac.id/pengabdian/ppks

SDG 3

3.3.3 SHARED SPORTS FACILITIES
Community access to health-promoting physical activity facilities

3.3.3 Shared Sports Facilities with the Local Community

YARSI's official SDG documentation describes its sports facilities as public amenities accessible to surrounding residents and the academic community. The University operates a 960 m² sports centre with futsal, basketball and badminton facilities, and access is administered through the Facility Management Service (LPF) using formal borrowing procedures and reservation records. YARSI's infrastructure information also confirms that facilities may be used by parties outside the University. The 2026 Fun Walk involving more than 1,500 participants provides complementary evidence of inclusive physical-activity engagement.



Figure 4. 2026 Fun Walk evidence supporting inclusive physical-activity engagement.

Portal item	Current portal entry	Evidence assessment
Main response	YES	Supported by public-access and formal borrowing evidence.
Access sub-option	Free access to all facilities	Consistency flag: supplied evidence confirms access, but does not explicitly prove that all facilities are free of charge.
Evidence visibility	Public	Consistent with public institutional webpages.

Source: Universitas YARSI - SDG 3 Shared Sports Facilities https://www.yarsi.ac.id/sdgs-yarsi/good-health-well-being-23

SDG 3

STUDENT HEALTH SUPPORT
Sexual/reproductive health and mental-health access

3.3.4 Sexual and Reproductive Health-Care Services for Students

Universitas YARSI provides students with institutional access to sexual and reproductive health information, education, counselling and referral through PPKS. Student access is explicit through the Youth/Student Information and Counselling Center (PIK R/M). The service portfolio includes Family Planning and Reproductive Health, while the stated scope covers sexual and reproductive health and HIV/AIDS. PPKS services are described as free of charge and delivered under confidentiality, non-stigmatisation and non-discrimination principles. YARSI's 2026-2031 organisational structure confirms PPKS as an active university centre.

Portal selection	Evidence position
YES	Supported
Free	Supported

Source: Universitas YARSI - PPKS https://www.yarsi.ac.id/pengabdian/ppks

3.3.5 Student Access to Mental Health Support

Universitas YARSI provides students with free mental-health support and actively promotes psychological wellbeing. PPKS provides information, consultation, counselling and referral to the academic community, with mental health explicitly included in its scope, while PIK R/M confirms students as a specific target population. In 2026, the Faculty of Psychology further strengthened active promotion through digital mindfulness and web-based mental-health initiatives aimed at students and young adults and designed to reduce barriers related to cost, transport, distance and stigma.

Portal selection	Evidence position
YES	Supported
Active promotion of good mental health	Supported by 2026 digital initiatives
Access to free mental health support	Supported by PPKS



Figure 5. 2026 digital mindfulness / mental-health initiative supporting active promotion and access expansion.

Source: Universitas YARSI - PPKS https://www.yarsi.ac.id/pengabdian/ppks

3.3.6 Smoke-Free Policy

Universitas YARSI has a formal smoke-free policy established through Rector's Decree No. 071/INT/SK/REK/UY/II/2019. The decree designates the campus as a No-Smoking Area while allowing specific smoking areas that are physically separated and located outside buildings. Official YARSI SDG pages publish the policy and implementation information, while campus signage reinforces compliance. In 2026, academic leadership also continued tobacco-control health promotion linking smoking with tuberculosis and wider health harms.

Portal item	Current portal entry	Evidence assessment
Main response	YES	Supported.
Policy classification	Smoking free campus	Consistency flag: the supplied decree allows designated smoking areas; “smoking in designated areas” is the more accurate evidence-based classification.
Policy created	2019	Supported by Rector's Decree.
Policy reviewed	2027 field blank; prior portal shows 2023	Only enter a review year if a formal review record is available.

Source: Universitas YARSI - SDGs Good Health & Well-Being / smoke-free policy https://www.yarsi.ac.id/sdgs-yarsi/good-health-well-being-23

SDG 3

3.3.7 STAFF MENTAL-HEALTH SUPPORT

Free institutional support and active promotion of wellbeing

3.3.7 Staff Access to Mental Health Support

Universitas YARSI provides staff with access to free mental-health support through PPKS. The official PPKS service description states that the entire university community, work partners and the public may access information, education, consultation, counselling, guidance and referral free of charge, with mental health explicitly included in the service scope. This directly supports staff access because staff form part of the university community. The service operates under confidentiality, non-stigmatisation and non-discrimination principles. The 2026-2031 organisational structure confirms institutional continuity, while 2026 Faculty of Psychology initiatives demonstrate active promotion and continued efforts to widen access.

Portal selection	Evidence position
YES	Supported
Active promotion of good mental health	Supported by 2026 Faculty of Psychology initiatives
Access to free mental health support	Supported by PPKS

Source: Universitas YARSI - PPKS https://www.yarsi.ac.id/pengabdian/ppks

Source: Universitas YARSI - Digital Mindfulness Platform https://www.yarsi.ac.id/tingkatkan-kesehatan-mental-yarsi-kembangkan-platform-mindfulness-digital